

**A WORD FROM
BRENDA**

On Thursday the 22nd of July we are holding a Spanish Fiesta at the Evergreen Centre from 1.00 - 3.00pm, the cost is \$8.00pp. it will be an afternoon showcasing Spanish Culture with Flamenco Dancers, Music, food and lots more. If you would like to attend please ring me, transport is available.

We have an outing on the 23rd to the Watergardens Hotel for a lovely buffet which will also include Christmas foods.

Sara is cooking El Salvadorian food for us this month, we are looking forward to that! Yum!

**FRIDAY ACTIVE
LIVING PROGRAM
FOR JULY 2010**



45 Talbot Ave
Balwyn
Telephone 9836 9681

Friday 2nd July

AM Exercises
PM Craft



Friday 9th July

AM Exercises
PM Cooking Demo

Friday 16th July

AM Exercises
PM We work on our Scrapbooks

Friday 23rd July

Outing
**Watergardens Hotel to celebrate
Xmas in July**
Cost \$30.00



Friday 30th July

AM Exercises
PM Sensory Excitement



If you have any queries please ring Brenda on
9836 9681

*This program is funded by the Department of Human Services under
Home and Community Care programs*