

A WORD FROM
BRENDA

We run many activities at Evergreen and you are welcome to come and join in.

On Friday the 6th of August we have a Dingo Breeder coming in with one of their dogs . She will set the message straight about Dingos.

On Friday the 27th of August we will be running a session on Information Technology. You will see the latest iPhone and computers. Learn about emailing, the internet and mobile phones.

Transport is available and the cost of \$4.00 includes afternoon tea Transport is \$2.50 each way.

Tell the staff to book you in or give me a call.



If you have any queries or questions please ring me 9836 9681

THURSDAY ACTIVE
LIVING PROGRAM
FOR AUGUST 2010



45 Talbot Ave
Balwyn
Telephone 9836 9681

Thursday 5th August

AM Exercises
PM We are cooking a lovely wholesome Lunch



Thursday 12th August

AM Exercises
PM A drive to the Dandenongs this afternoon

Thursday 19th August

AM Exercises
PM We are working on our Scrapbooks



Thursday 26th August

AM Exercises
PM Elise is taking to the kitchen to show us how cook with herbs



*This program is funded by the Department of Human Services
under Home and Community Care programs*